

**SUNDAY, MARCH 10, 2019
MORNING WORSHIP AT 9:30 & 11:00 AM**

Message: "Dealing With Disappointment"

**WELCOME TO FIRST-TIME GUESTS
AT TRENTON WESLEYAN**

We are so glad that you are here today!
We seek to provide a place of spiritual growth and community
where lives can be transformed by the message of Christ.

In order for you to get the most out of your time with us:

1. Please do not feel obligated to participate in the offering. This is for our members and regular attendees who consider this their church home. As our guest, we ask that you please turn in the communication card so that we may acknowledge your visit with us.
2. Children are special here. We provide a friendly, caring and safe place for our kids. Prior to the 9:30 service, parents are asked to take their children to the nursery (up to age 2) or to their Sunday School class. Prior to the 11:00 service, parents are asked to take their children to the nursery/toddler area (up to age 4) or to the JK through to Grade 2 class.

"Do you not know? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom. He gives strength to the weary and increases the power of the weak."

Isaiah 40:28-29

THIS WEEK'S SCHEDULE

Tuesday		Tuesday Church in Recess for March Break
Wednesday	6:30 am	Men In Motion Crossfire in Recess for March Break
Thursday	6:30 pm 7:00 pm	Ladies Bible Study at TWC Choir Practice
Saturday	9:00 am 12:00 pm 7:00 pm	Men's Breakfast at TWC Singles Fellowship Group— Cooking Class with Phyllis "Riches to Rags" Spirit Borne Show at TWC

NEXT SUNDAY—MARCH 17

9:30 & 11:00 am Morning Worship Services
"Handling Life's Hurts"

LOOKING AHEAD

March	19	Trent Valley Lodge Service
	20	Prayer in the Board Room
	20	Local Board of Administration
	24	Communion



PLEASE PRAY FOR...

...the safety of our children and teens on March Break.
...the Spirit Borne production this Saturday at Trenton Wesleyan.

PRAYER CHAIN REQUESTS

Until March 27, please call the church (613-392-1075) with prayer requests.

BABIES ARE SPECIAL HERE

As a reminder to parents of young children, during the 9:30 service, we offer a nursery ministry for children up to age 2. During the 11:00 service, we offer a nursery/toddler area for up to age 4. We encourage you to consider letting our loving nursery staff care for your child so that you and others can best benefit from the service. Thank you for your consideration.

TRENTON CHRISTIAN SCHOOL'S THRIFT STORE—HELP NEEDED

The Treasure Chest Thrift Store is in desperate need of weekly volunteers on Thursdays from 9:30 am to 1:00 pm, starting mid-March. If you can help, please contact Henrietta Indewey at index@bellnet.ca or 613-475-3436.

MEN'S BREAKFAST AT TRENTON WESLEYAN

This Saturday, March 16 at 9:00 am, all men are invited to join together at Trenton Wesleyan for breakfast, fellowship and great discussion. If you plan to attend, please sign up at the Welcome Centre in the atrium.

SINGLES FELLOWSHIP GROUP—COOKING CLASS WITH PHYLLIS

This Saturday, March 16 at 12:00 pm noon, Singles Fellowship is holding a Cooking Class at TWC, learning how to make chicken chow mein and chicken balls. Cost is \$5. For information, contact Margaret (394-6564), Minny (966-6417) or Freda (965-6916). To attend, please sign up today.

HURRY HARD JOIN THE FUN

The annual Curling Funspiel is being held at the Stirling Curling Club on March 23 at 8:00 am. Profits will be donated to the Belleville Pregnancy & Family Care Centre. \$30/person or \$120/team. For details or to register, contact Lynette at 613-921-4567 or llpenings@outlook.com by March 17.

KIDS HAVE STRESS TOO!

Belleville Christian School invites you to join them on Tuesday, April 2 from 7:00 to 9:00 pm to learn more about Children & Stress including the effects/causes of stress on children, how to recognize the signs of stress and how to teach stress management strategies. Free but RSVP at 613-962-7849.

RAW GOSPEL CONCERT AT TRENTON WESLEYAN

On Friday, April 5 at 7:00 pm, you're invited to join us for a Raw Gospel Concert at Trenton Wesleyan Church. A free-will offering will be taken.

EMPOWERED TO CONNECT SIMULCAST CONFERENCE

The Empowered to Connect Simulcast Conference is coming to the Quinte area on April 26 & 27. This conference is meant to equip people who serve children impacted by adoption and foster care. Ideal for adoptive/foster parents, those considering adoption/foster care, and those who support others (social workers, ministry leaders). Cost is \$20. Details at empoweredtoconnect.blogspot.com or email elisabeth.hymus@gmail.com.

THE SCHMITZ FAMILY IN NICARAGUA

7 Reasons to Celebrate with Us

- 1.** Because two weeks ago, Kelsey, a short term team member from the Bridge Church in Ontario, Canada was baptized by Pastor Dave Kornelsen and Ryan at the White Waterfall here in Matagalpa!
- 2.** Because the Amigos del Rey Churches have been hosting evangelistic services in their communities and more Nicaraguans are coming to Christ!
- 3.** Because a new semester started in the Bible Institute to equip and ordain more lay leaders and pastors and the classes are being taught by Nicaraguan leadership!
- 4.** Because teams from Trenton Wesleyan in Ontario, The Bridge in Kanata, Ontario, and Impact in Ohio came to invest in us, the churches, and the schools and these team excelled in both encouraging and equipping! Projects to feed, teach, and educate students are moving along!
- 5.** Because we started another school year and thanks to many sponsors, girls in poverty are being given more opportunities!
- 6.** Because Kenia has overcome the odds and is attending high school! She was born into poverty, born deaf, lost her mother, held behind, attended school, pressured to drop out, and brought back to school with the help of supportive adults. Each life is precious to God and to us!
- 7.** Because this month, thanks to generous, joyful, hopeful, supportive, amazing people like you, our family has now served in Nicaragua for seven years!

Many blessings from all of us!

Ryan, Sarah, Micah, Eva, Abel, and Esme Schmitz

DEALING WITH DISAPPOINTMENT

March 10, 2019
9:30 and 11:00 a.m.

Exodus 15:22-27

1. THE GREATEST SUCCESSES IN LIFE ARE OFTEN

FOLLOWED BY _____ . (vs. 22)

“Then Moses led Israel from the Red Sea and they went into the Desert of Shur. For three days they traveled in the desert without finding water.”

Marah: “bitter” (vs. 26)

2. THE GREATEST SERVICES IN LIFE ARE OFTEN

FOLLOWED BY _____ . (vs. 24)

“So the people grumbled against Moses saying, ‘What are we to drink?’”

What to do with disappointment:

• **DON'T** _____

“Bless those who persecute you; bless and do not curse!” Romans 12:14

• **DON'T** _____

“To worry yourself to death with resentment would be a foolish thing to do.” Job 5:2 (GN)

“Get rid of all bitterness...anger, and slander, along with every form of malice.” Ephesians 4:31

• **DON'T** _____

“Do not let the sun go down while you are still angry, and do not give the devil a foothold.” Ephesians 4:26-27

“You are only hurting yourself with your anger!”
Job 18:4

• **DO** _____ (vs. 25)

“Cast all your cares on him, because he cares for you.”
1 Peter 5:7

• **LET GOD** _____

“You intended to harm me but God intended it for good...” Genesis 50:20

3. THE GREATEST SHORTAGES IN LIFE ARE OFTEN

FOLLOWED BY _____ . (vs. 27)

“Then they came to Elim...”